

St Joseph's School Newsletter

Volume 33 No 18

14th June 2023



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OFFICE HOURS

Monday: 8:30am-4:00pm
Tuesday: 8:30am-4:00pm
Wednesday: 8:30am-4:00pm
Thursday: 8:30am-4:00pm
Friday: 8:30am-4:00pm

Calendar

Friday	16th June	Fresh Fruit Friday - Barb
Monday	19th June	School Photos
Tuesday	20th June	School Advisory Council Meeting. 7.00 pm
Friday	23rd June	Fresh Fruit Friday - Alex Alternate Lunch Last Day of Term 2
Monday	10th July	Term 3 commences
Thursday	13th July	Halls Gap camp Grades 3-6
Friday	14th July	Halls Gap camp Grades 3-6 Fresh Fruit Friday- Bec

Dear Parents, carers, families and parishioners,

The Easter Season has formally drawn to a close as we move into what is known as Ordinary time. The season of the Church's year runs through until Advent and the celebration of Christmas.

The Gospel reading for this Sunday is from the Gospel of Matthew. It speaks of Jesus calling his twelve disciples together and sending them out to speak the good news that the Kingdom of Heaven is close at hand. "Freely have you received, freely give". This is a reminder to all of us that we share in this same work.



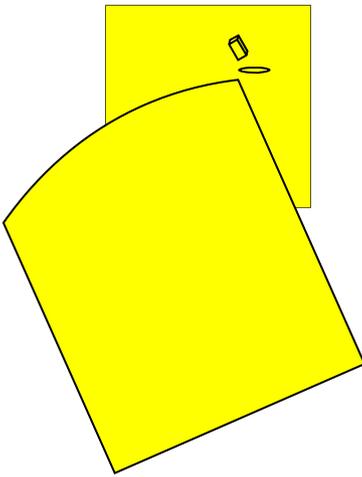
Thankyou

A big thankyou to the four dads who spent time at school yesterday assembling some new outdoor tables and bench seats that will be used to create an outdoor learning area. There is still some more pieces to come, but the bulk of the job was done yesterday. My thanks to Wayne, Lucas, Patrick and Nick for bracing the cold winter chill yesterday afternoon. Great job. This project was funded by a special grant from the Victorian Government to provide outdoor learning spaces.



Until next week, Chris

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Online School Photo ordering

A reminder school photos are next Monday 19th June. All payments and orders are online through the email link you have received. Any enquiries to MSP Photography on 5333 5577.

Grade 3-6 Halls Gap camp

Camp is confirmed for Week 1 next term. Students will be staying at the Baptist Centre in Halls Gap. Activities will include visiting Blue Moon Alpaca farm, mini golf, Halls Gap Zoo and more. Itinerary and further information to come home by the end of the week.

We are seeking a dad who holds a working with children's check to attend this camp with the staff and students on Thursday 13th and Friday 14th July. Please contact the office if you are able to assist.



“Our Father in heaven.... Your kingdom come, Your will be done”

Supervision

A reminder that school supervision begins at 8.30am.

Attached this week:

INSIGHTS: Threats and rewards- or something better?

Fresh Fruit Friday roster

Speed Field Days roster

Woolworths Junior Landcare Grant

We're thrilled to announce that we have received a 2023 Woolworths Junior Landcare Grant for our project, insert the name of your project here.



The aim of our project, 'Tweet Tweet', is for students to research, design, create and install nest boxes to help our native birds. Further information regarding the project will be in future newsletters.

St Joseph's Hopetoun is one of 1,107 primary schools and early learning centres across Australia to receive a Woolworths Junior Landcare grant to help grow our next generation of environmental champions.

Alternate Lunch

Thank you to those who have responded to the Alternate Lunch, for anyone else wishing to participate please respond to the google form.

Cost of lunch will be \$5 per person, to be sent in to the office. Thank you to Cherie, Teri and the crew for organising this delicious lunch.



St Joseph's Junior Red Cross and Mission Group invite you to:

PJ's for Bowel Cancer Fundraiser

June is Bowel Cancer awareness month

Tuesday 20th June - Wear comfortable pyjamas/Oodies/dressing gowns/ Ugg boots/slippers etc

Gold Coin Donation

Money raised goes to Bowel Cancer Australia



Bowel Cancer Awareness Month

WHAT'S HAPPENING IN OUR CLASSROOMS?

Foundation

This term's Integrated Studies subject area is Civics and Citizenship with a focus on rules and laws. Students have begun to develop a sense of belonging to the school community and have been introduced to the idea of the classroom being a community where they learn about respect and concern for others and being fair. Students have learnt about what a rule is and why we have rules in all areas of our lives. They learn about classroom rules and why they are needed. They begin to compare classroom and family rules and other rules that they know about such as those for games and sport. Students explore their responsibilities and rights and those of others in familiar contexts such as the family, the classroom, the school playground and local recreation areas. Students have participated in a range of learning experiences including giving examples of what they think are important rules in the classroom, at home in the community and games. Students have also learnt about laws and the difference between rules and laws. Students have been excited and engaged to share what they have learnt and to work towards being good citizens and following rules and laws to respect each other and keep everyone safe.

Mrs Jochinke

Grade 1/2/3

This term in Writing, students have been exploring all of the components that make up Narrative Text Structure. They have been practising using common language features of narrative text including past tense verbs and using verbs to understand and create sentences. They have used noun and adjective phrases to 'dress' up their sentences and improve the quality of their writing. Students have explored the importance of characters and created their own main character, listing the personality, appearance and feelings that their character has. They have explored setting and learned how to create a descriptive setting using the five senses of touch, see, smell, hear and taste. We then looked at what the 'plot' is in a narrative story. Students used a planning template to plan and create a plot for their narrative story with the understanding of the importance of having a problem and resolution. Finally, students learned about how to create a 'sensational' story starter using character/setting description, action or onomatopoeia. Ask your child about their ideas for their narrative story and discuss the problem their character will face and how they are going to resolve the problem.

Mrs Phelan

Grade 4/5/6

The 4/5/6 students have been busy preparing to present a persuasive speech to the class next week. It has been a multi-step process. First, students learned about the structure and devices of persuasive writing texts. We used a variety of arguments including a scene from the movie Toy Story to further explore what made arguments successful and what did not support portraying a clear point of view. Students had free choice of what they would like to persuade the class about. From school uniforms should be optional, to students should be able to work on farms part time to which AFL player is the best, we are covering a variety of topics that every student is passionate about. With explicit teaching of each of the sections students set to work on developing their persuasive speech script. They then had the task of typing up cue cards to look professional when presenting. Currently, students are creating a powerpoint presentation to further support the portrayal of their arguments and are also squeezing in time to practice their speech. We look forward to sharing our efforts with the group next week! All students should be very proud of their achievements in this task so far!

Miss Weir

★ ★ Star of the Week ★ ★

What is your favourite movie?
Ninja Turtle

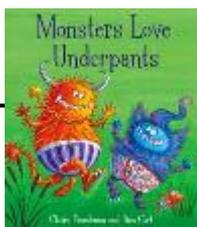


Ted

I am happiest when I make Julie laugh!



What book would you recommend to your peers? Monsters love underpants



What do you think makes a good friend?
A good funny person



If you could only eat 1 food for the rest of your life, what would it be? Red apples



What has been the highlight of this year so far? Playing dump trucks in the sandpit

Congratulations to the following students who received awards at assembly last week:

- ◆ *Ralph:* for your work with clocks. You have correctly shown o'clock times on both analogue and digital clocks and have taken care when drawing the length of your minute and hour hands. Keep it up!
- ◆ *Arthur:* for setting a good example to his peers when getting ready to learn quickly and working well independently. He has also shown good leadership skills when helping others.
- ◆ *Daisy:* for approaching Maths Tasks with a 'can do' attitude. You have been working hard on improving your estimating skills during measurement lessons. Great to see you putting in your best efforts Daisy!
- ◆ *Jasmine:* for being persistent and trying her best to subtract three-digit numbers. Your determination and willingness to try challenging tasks is excellent and a great example to your peers. Great job Jasmine!
- ◆ *Cheyanne:* You have been a persistence star this week Cheyanne! You have shown determination in every task this week. You have worked hard to follow the structure of the persuasive speech body paragraph and conclusion. I think you even surprised yourself how sophisticated your writing was. I certainly wasn't surprised Cheyanne because you are a superstar learner! Well done on a great week.
- ◆ *Colt:* You have an amazing can-do attitude towards all school activities. Your contribution to class discussion this week has shown that you are super engaged and are really making sense of the learning. You thrive on independence, as seen in maths and writing this week. You are a delight in every class with every educator. You are a role model for all students at St Joseph's school. Keep being you Colt because you are a star!
- ◆ *Playground raffle:* Jarli: for playing cooperatively during a game
Popi: for super cleaning of the cubby

Child Safe Standards -Hopetoun Diversity and Equity Policy

Policy Statement

St Joseph's Primary School, Hopetoun strives to provide a safe, inclusive, and supportive school environment which values the human rights of all students and staff.

The nature of our school community is diverse, drawing from both the rural and town sectors of the Hopetoun district. The socio-economic makeup of the school community is likewise diverse and also fluctuating, representing a wide range of situations and circumstances. The school works with students with diverse learning needs, supporting these students through intervention programs. The school is also active in its support of students living in Out of Home Care and those from a variety of religious and cultural backgrounds.

St Joseph's Primary School, Hopetoun is committed to creating a school community where all members of the school community are welcomed, accepted, and treated equitably and with respect regardless of their backgrounds or personal attributes such as race, language, religious beliefs, gender identity, disability, or sexual orientation so that they can participate, achieve, and thrive at school.

The full policy is available at

http://www.sjhopetoun.catholic.edu.au/uploads/8/9/4/9/8949668/sjh_diversity_and_equity_policy_2022.pdf

We are committed to continuous improvement in our approach to child safety and wellbeing and welcome feedback from families and members of our school community on ways we can further strengthen our child safety policies, procedures and practices.

If you have any suggestions, comments or questions, please contact Chris Robarts.



In this edition of SchoolTV - CYBERBULLYING



With the advent of the internet, smart phones and tablets, there is now a whole new digital dimension added to traditional schoolyard bullying. There was once a time when bullying victims were given some respite outside of school hours, but sadly these days, online bullying can occur 24/7. In today's world, teaching your child about online and cyber safety, is as important as learning to swim or cross the road!

Cyberbullying can be identified as being the repeated behaviour by an aggressor with the intent to harm or embarrass. Technology enables these aggressors to share information widely and quickly, making this form of bullying extremely dangerous and harmful. However, the answer is not to shun the internet nor social media. Instead, parents are encouraged to embrace it and instill a family internet policy to protect their children without limiting the freedom to learn, explore and communicate online.

In this edition of SchoolTV, parents are provided with useful guidelines and advice on how to minimise the risks. Children have the right to feel safe, regardless of whether it is in the schoolyard or online.

We hope you take time to reflect on the information offered in this edition of SchoolTV and we always welcome your feedback. If you have any concerns about your child, please contact the school counsellor for further information or seek medical or professional help.

Here is the link to the **Cyberbullying** edition of SchoolTV

<https://sjhopetoun.catholic.schooltv.me/newsletter/cyber-bullying>

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Vision Statement

St. Joseph's School is an inclusive community of faith and learning with Christ at its centre. St Joseph's School will educate its students to be of service to society in the Catholic tradition of love, faith and hope.

Mission Statement

As a Christ centred school we celebrate our Catholic beliefs, values, practices and traditions.

As an educational institution we:

- Will support the development of the whole person.
 - Will provide a comprehensive curriculum, which challenges all students in their pursuit of success.
 - Will cater for the varied learning styles of our students.
 - Will be a child safe school by providing a physical and online environment that is happy, safe and welcoming.
 - Will respect the dignity of the individual and value the participation and contribution of all.
 - Will work in partnership with parents, the parish and the wider community.
 - Will encourage our students to make a difference in the local, national and global communities in which they live.
-

HOUSEKEEPING!!

Student Absence from School

A reminder that it is a legal requirement for parents to explain absences from school. We do not need to know 'nitty gritty' details, simply sickness, doctor's appointment or family reasons will suffice. ***Please remember to log on to PAM to complete the notification or email or phone the school prior to 10am on the day of absence. An absence SMS otherwise will be generated. If there is a scheduled absence please advise us in advance.*** Thank you.

Sunscreen

Sunscreen is provided by the school for our students, however we do encourage the children to bring their own sunscreen to school to assist with sun protection. Students are regularly encouraged by teachers to apply sunscreen throughout the day.

Hats

School hats MUST be worn at all times when students are outdoors, except for extremely windy days where hats blow over the fence. School Hats are now \$15.00.

Signing out

Please remember to sign out your child at the office if you need to take them from school during the day. This is not only a legal requirement but also an important part of our emergency management plan.

P & F docketts

A reminder that any purchases for P & F from IGA must be put on the P & F account (not school account). Docketts then need to be sent to school please.

Pie warmer containers

A reminder that students can bring lunch to school wrapped in foil or in a foil container to be heated in the pie warmer.

Pie warmer containers are available from the office for **\$15.00** for 50 containers.

Grounds Roster: June: A Horman & T Littlejohns



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INSIGHTS

happy families. **SCHOOLS**

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Threats and rewards—or something better?

"If you don't pack away your toys right now, I'm throwing them in the bin!"

It's the end of the day. We're tired, or stressed, and we've asked our kids a hundred times already to start packing up. Even though we might know that there is a better way, we can't stop ourselves, and a threat slips out.

The thing is, it seems to work! Suddenly the kids are packing up their toys, fearful that if they stay out they'll be relocated to the bin. In fact, [research shows](#) that threats, verbal reprimands, and time-outs are all effective ways of securing immediate compliance in our children. Which would be great - if our only goal was immediate compliance. The problem is that this compliance is coerced, and if we're not there to enforce the consequences we lose our ability to influence behaviour. Our kids are more focused on avoiding the punishment than on internalising what we're trying to teach them!

So if threats aren't the ticket to getting our children to do something, rewards must be the right alternative, right?

"If you pack away your toys right now, you can have ice cream!" might be what we say. But we might as well say "If you *don't* pack away your toys, you *can't* have ice-cream". [Rewards are just threats in disguise](#). If our kids are still relying on us to give them ice-cream or a gold star or their pocket money in exchange for good behaviour, they're still not intrinsically motivated to do what we're asking them to do. Rewards, just like threats and punishments, only work if we're there to dish out the consequences. They simply don't promote lasting behaviour change and our kids often lose interest, so if we want to keep enforcing the behaviour we need to dish out bigger and bigger rewards, or bigger and bigger punishments.

The truth is, both threats and rewards use fear as a motivator – either fear of getting punished, or fear of missing out on the reward. Fear can be a powerful motivator. But there is another thing that motivates us. LOVE.

Love is a much stronger motivator. It drives intrinsic motivation, or motivation that isn't reliant on external outcomes like rewards and punishments.

Here are three ways we can use love to help motivate our kids:

1. Do it with them. Kids spell love T.I.M.E. They want to be involved in our world. So, if we're doing something, and we invite them to join in, chances are that they'll say yes, even for something as routine as tidying up the toys.

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2. Make it fun. Kids love to play! Maybe we can challenge them to throw all the blocks into the tub like they're shooting basketball hoops. Or maybe the cars strewn everywhere need to be driven back to their garage on the shelf. There are so many ways to make even simple tasks fun. Not only does having fun get the job done, it also boosts learning and competence in our kids.
3. Model love and respect for them by trusting that they'll do it when they're ready. Simply say "Can you pack up the toys when you're ready?", and then let them be. They may need a gentle reminder, but if we step back and let them know that we trust them to get the job done in their own time, there's a good chance they'll do it.

Sometimes they still won't do what we're asking. When that happens, there are two more things we can do.

1. Just do it for them. Sometimes they're sick, tired, or cranky. And the truth is that we're not going to teach them to be lazy slob as adults by tidying up their room occasionally as kids. (That's fear speaking!).
2. Set a boundary. Boundaries are different to punishment. A boundary is something we do to ourselves, whereas a punishment is something we do to others. A boundary could mean that our adult sized feet are unwilling to walk through a room strewn with LEGOs, so if they want a book read to them before bed, they need to clear the floor so we can safely get to the bookshelf. Set the boundary, and then let them decide how to respond to it.

Ultimately, parenting isn't about getting our kids to do things. The only person we can truly control is ourselves. The real focus of parenting is about being the person we want to be, regardless of how our kids are behaving. When we remember that, we can move away from fear-based parenting, and parent with love.



AUTHOR

Dr Justin Coulson

Dr Justin Coulson is a dad to 6 daughters. He is the parenting expert and co-host of Channel Nine's Parental Guidance, and he and his wife host Australia's #1 podcast for parents and family: The Happy Families Podcast. He has written 7 books about families and parenting. For further details visit happyfamilies.com.au.



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Speed Field Days Roster

Thank you to everyone for their support of our annual fundraiser. Please see below the roster with your allocated times. If you have any queries please do not hesitate to call Sherelle on 0438 733 311 or Dannielle on 0435 079 034.

Roster Thursday 3rd August 2023

7.30am – 10.30am	10.30am – 1.30pm	1.30pm – 4.30pm
Teri Puckle	Teri Puckle	
Cherie Hallam	Cherie Hallam	
Donna Horman	Mel Seipolt	Mel Seipolt
	Donna Horman	
Emma Mill	Emma Mill	Rach Watson
Sherelle	Sherelle	Sherelle
Dan Burzacott	Dan Burzacott	Dan Burzacott
Kim Decker	Anne Pulham	Kim Decker
Alex Webster	Lizzy Peters	Kelly Gray
Kat Landrigan	Kim Decker	
Rebecca Schack	Hayley Brain	
SOUP LADY	SOUP LADY	SOUP LADY
Tara Afford	Tara Afford	Tara Afford